

# Celebrate the Spirit of Ramadan with Bookends



The holy month of fasting has arrived! **Ramadan** is the month of abstinence from worldly pleasures and the month of pure intentions. Ramadan brings along the spirit of festive joy, and with Bookends you can double the joy of reading by **buying a pre-loved book** from our portal and gifting it to your loved ones this Ramadan.

Why are books the best festive gifts? **Reading books** is a time consuming process and it is during this process that the person shall be benefiting from your gift. As a gift, books take longer to be appreciated owing to the length of time they take to read, hence having a naturally occurring long lasting impact.

Since we live in a world that's majorly materialistic, giving out books is a small token and gesture of love and appreciation. Books can mean a thousand things to the reader, and giving them to someone in the spirit of Ramadan will fill that person with multiple possibilities and forms of enjoyment.

Bookends is a portal dealing in buying and selling of pre-loved books, and a lot of our proceeds go to charitable trusts hence increasing the joy of reading and giving to the society altogether. Here are a few recommendations for various genres for you to choose and add to your book collection this Ramadan:

## Amazing Book Collection For Ramadan 2022:

### Children's Books:



Reading books stimulates a child's imagination and expands their understanding of the world. It also helps them develop lingual skills and prepares them to understand the written language.

Bookends has a variety of **children's books** based on their age and interest. However, here are some of our recommendations for you to gift your children the joy of reading during Ramadan;

1. Little Kid's first big book of why by Amy Shields and National Geographic Kids
2. The Lion Inside Board Book by Rachel Bright and Jim Field
3. I'm Starting Nursery: Helping Children Start Nursery by Marion Cocklico and Campbell Books
4. The Gruffalo's Child by Julia Donaldson and Axel Scheffler
5. Quiz book for clever kids by Chris Dickason and Lauren Farnsworth

**Also Read: [New Books Vs Old Books – What To Choose From Them?](#)**

### **Cook Books:**

Ramadan calls for fasting but it calls for delicacies as well! And a cook book might be the best thing to make you or your loved ones try out different recipes and liven up the spirit of Ramadan even more! **Cook books** teach us new techniques, help us expand our palates and give us a new way of doing things.

### **We recommend:**

1. Joshua Weissman: An Unapologetic Cookbook. #1 New York Times Bestseller by Joshua Weissman
2. Wean In 15: Up-To-Date Advice And 100 Quick Recipes by Joe Wicks
3. The Well Plated Cookbook: Fast, Healthy Recipes You'll Want to Eat by Erin Clarke
4. Tasty Dessert: All the Sweet You Can Eat (An Official Tasty Cookbook) by Tasty

## Self-improvement or Self-help Books:



The benefit of reading **self-help books** is that the experience of reading one puts the reader on a path to practice the strategies read and make improvements as well as changes in their lives without having to ask others for help.

Here are our personal favorite books on Self-improvement and Self-help for you to gift yourself or your loved ones this Ramadan:

1. Think And Grow Rich by Napoleon Hill
2. How To Win Friends And Influence People By Dale Carnegie
3. Atomic Habits: An Easy & Proven Way To Build Good Habits & Break Bad Ones by James Clear
4. Ikigai: The Japanese Secret To A Long And Happy Life by Héctor García

## Art and Craft Books:

Art and craft activities act as motor skill enhancing factors and stress busters for adults as well as children. It helps instill a sense of achievement and pride and also boosts self-confidence. Art and craft must be made a mandatory stress busting aspect of everyone's lives and here are a few **Art and Craft books** we recommend:

1. 365 Days of Creativity: Inspire Your Imagination with Art Every Day
2. The Art of Mindfulness: Peace and Calm Colouring
3. MAKING STUFF: AN ALTERNATIVE CRAFT BOOK
4. Magical Jungle: An Inky Expedition & Colouring Book

**Also Read: 8 Books Everyone Should Read In Their Lifetime**

## Religious Books:

As we all know, Ramadan is the month of spirituality. Reading **religious and spiritual books** enables one to think in a positive way, to become more ambitious and gain knowledge. It also enables people to become more disciplined and decent in their behavior.

**Bookends recommends a few spiritual reads for you:**

1. Lunar Living: The Sunday Times Bestseller by Kirsty Gallagher
2. Meditations: A New Translation by Marcus Aurelius
3. Radical Compassion: Learning to Love Yourself and Your World with the Practice of RAIN by Tara Brach
4. Life's Amazing Secrets: How to Find Balance and Purpose in Your Life by Gaur Gopal Das

Visit the **Bookends portal** to find your match! Enhance the spirit of Ramadan by buying and gifting pre-loved books to your loved ones and spreading the joy of reading.

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