

EASY HOLIDAY
SAFETY GUIDE FOR
A HEALTHY, JOLLY
CHRISTMAS

ABSTRACT

The holidays are the most wonderful time of the year—unless you get sick. Fortunately, there are ways to protect your immune system and prevent sickness from derailing your holiday travel plans. Here are few tips for staying healthy throughout the holiday travel season.

INTRODUCTION

With your favorite holidays just around the corner, you need to find a (possibly new) way to safely celebrate each one and still make it special for your kids. Many parents are just like you – wondering how to create a joyful holiday season while also following the government's safety guidelines and maybe your own comfort level too.

With each day, Halloween, Thanksgiving, and Christmas get closer. What can you do to safely make these holidays jolly – even during the pandemic? These and many more questions will remain unanswered until the holiday season finally arrives. The goal is to keep your children engaged and entertained while also hopefully enjoying the season yourself.

That's why we're sharing these holiday safety tips to help you organize safe and merry celebrations for you and your family this year.

I. 8 Expert Tips to Get Your Home Ready for the Holidays

When it comes to preparing your home for the holiday season, there are, of course, the basics: adding décor and lights, setting up the staple festive items, and perhaps even moving furniture around to accommodate guests.



But, as it feels every year, the months of November and December always go by so quickly. That's why it's best to consider what you can do—and early—to get on top of the holiday season and best prepare your home for your family and guests.

From decluttering to checking your heating system, here are the eight best tips from experts to help you be proactive this season.

Start Early

When it comes to getting your home ready for the holidays, it's best to start preparing early. "The holidays have a way of sneaking up on you," cautions Bailey Carson, home care expert at Angi. "To ensure you aren't caught off guard or scrambling at the last minute, put together a plan and corresponding timeline in the weeks leading up to hosting company or entertaining.

Try focusing on gift shopping and organizing your home early on, and then save tasks like tidying the guest room and doing a deep clean for the final days before friends and family arrive."

Along the same vein as early prep, you can also ready your family, children, or roommates by making some meals or treats in advance. That way, on the busiest holiday days, you don't have to stress over what to eat.

"I like to clear out my freezer to make space for Christmas bakes and some home cooked 'ready' meals," shares Lisa Waterman, lifestyle blogger and author of *Women Who Win at Christmas.* "Preparing treats and meals in advance means that I can enjoy the festivities with my family rather than having to rush off to the kitchen."

Declutter

If there are items you haven't used in the past year, toss them, sell them, or, in the spirit of giving back this holiday season, donate them. The decluttering process can be so helpful—especially before the holidays—because it helps you to focus your cleaning and organizing more effectively. Plus, your decorating will be easier if there's less in the way.

Cathryn Bailey, founder of home renovation site Bomisch, shares that it's best to give every item a place. "As you start preparing for the holidays, it's time to start thinking about where things belong and whether they even have a correct home or not," she says. "Everyday things like vacuums, coats, shoes, laundry baskets and so on often float around the house with no real place to return when you're finished with them.



In turn, these things quickly clutter up your house creating an unnecessary mess. The first step is to figure out which items in your household don't have a designated place and create one for them."

Some of the questions you can ask yourself are: Where does this item go? Is there a place for coats and shoes? Where could guests put their personal items? Where can my bills/paperwork go that's out of sight?

Asking yourself these questions can help you best prepare yourself.

Do a Deeper Clean

We all know how to vacuum, dust, and wipe down surfaces. But how thorough of a job are we doing? As it happens, there is a good way and a bad way to vacuum.

"Vacuuming in a zig-zag pattern is a tried-and-true way to properly clean carpets this holiday season," shares Richard Chang, co-founder and CEO of Roborock. "Carpet fibers are twisted loops that get dirty from all sides, so vacuuming in only one direction will result in a partial clean.

To fully clean carpets with a traditional or cordless vacuum, work the vacuum across a room in one direction following a zig-zag pattern and then repeat the process from a right angle. This pattern achieves the best results while saving you time from passing over the same sections to get clean carpets."



Not only is this an arguably more effective way to vacuum, but, Chang says, it can help reduce symptoms of allergies as it's a deeper and more thorough clean.

Focus on the Front Entrance

Remember that the first thing your guests will see is your entryway, so it may be a good idea to clean things up a bit. Create a 'home' for coats and shoes, and consider—especially if you live in a climate where snow is prevalent—a 'drying station' for wet clothes and boots.

"Make a DIY drying rack," shares Leanne Stapf, the chief operating officer of The Cleaning Authority. "Take a plastic tray filled with rocks or pebbles and let the boots drip inside. If the inside of your boots got wet, put newspaper in them and it will soak right up!"

Outside of your home is important, too. If you live in a cold climate, be sure that your driveway and walkway are clear of ice and snow. You may need to assess this more than once before your guests arrive. A good, eco-friendly hack for this is coffee grounds, sand, or birdseed—these items help to break down the ice without damaging the environment.

Make Subtle Decor Shifts

The holidays are a time of welcomed change. One way to spruce up your home—and in particular, your bedrooms—is to swap out some simple decor items and other elements to create a new mood.

Beyond adding the votive candles and festive holiday garland, you can, for example, change the bedding, like pillows or blankets, to a warmer set. You could also move

the furniture around to create a different feel, install a set of shelves to display more items, or even add a fresh coat of paint to the walls.

"I like bringing out fresh decor during the fall that will last through the spring, then layering Christmas decorations on top of that so you aren't starting from scratch," shares Kristin Bartone, Principal Designer of Bartone Interiors. "Think fuzzy, heavily textured earth tone pillows and throw blankets that can easily add a pop of red or green to get you in the Christmas spirit."

If you have decorations that you've purchased over the years or acquired from loved ones, you can plan the space around these items more intentionally. For example, adding more of the color scheme from your grandmother's old wreath to the guest bedroom or incorporating more lights in the windows to share a festive vibe both indoors and outdoors.

Be Smart and Safe With Electric

Don't neglect safety in the desire to be festive. Docia Boylen, owner of Handyman Connection, shares a few tips about electricity and safety while decorating: "Spread out your lights throughout the home to prevent overloading a circuit and blowing a fuse," she cautions. "Light timers are also a great way to regulate your total circuit usage."

Boylen also cautions about extension cords. Often, people use indoor extension cords outside, often without even realizing, but this may not be a good idea. "Indoor extension cords aren't equipped to handle outdoor lighting." Boylen cautions. "You don't want too many things plugged into the extension cord, either. [Instead], get a smart cord that will alert you when you're plugging in too much."

Update That Guest Room

If you're going to have guests this holiday season, you need to ensure that they are comfortable for the duration of their trip. Beyond the surface-level cleaning, bedmaking, and organizing, consider adding an 'essentials' basket with items like toothpaste, lotion, mouthwash, and other useful items.

You'll also want to deep clean the most important place: the bathroom. All surfaces should be wiped down and residue-free. The toilet and shower are the most important, of course, to create a 'hotel' experience.

Val Oliveira, Founder of Val's Services, shares a hack for refreshing your toilet with a DIY 'Toilet Bomb'. All you'll need is 1 cup baking soda, ¼ cup citric acid, and 1 tablespoon dish soap.

"Mix everything together and separate into a silicone ice cube tray for at least 4 hours," Oliveira says. "Once dry, gently pop them out and store them in an airtight container." From there, you simply toss the bomb into the toilet (before and after quests) and it helps to both clean and refresh the smell.

Check the Essentials

As you prepare your home for the holidays, colder temperatures, and guests, there are a few essentials you must address: heating, air conditioning, and water pressure.

Mark Dawson, COO of Benjamin Franklin Plumbing and One Hour Heating & Air Conditioning shares his tips: First, you'll want to assess the water pressure of your shower head and make sure that the showerhead is clean before guests arrive.

"The most accurate [assessment] method is to buy a pressure gauge from your local hardware store and hook it up to a hose faucet," Dawson shares. "Check the pressure when all other faucets and water-using appliances are turned off to get a baseline reading. In general, you want the household plumbing to provide between 40 and 60 psi."

As far as air quality, Dawson recommends cleaning out all your AC registers and vents, fan blades, and filters. As temperatures cool down, people and pets are more apt to spend time inside, creating more dust, dirt, and allergens in the filters. You can clean these parts yourself, or you can hire a professional duct cleaner. Either, Dawson says, is important to consider to refresh your space come holiday season.

You'll also want to look at your furnace. "Over the summer months, furnaces collect dust and if [your furnace] isn't cleaned properly before you turn on the heat this holiday season, you can expect a foul odor of burning dust lingering in your home for hours," he says.

Getting a tune-up can help to prevent poor air quality, but it can also help to avoid more serious issues, like carbon monoxide leaks. Assessing your furnace early is a must.

II. 9 Ways to Make Holiday Gatherings Safer During COVID-19 Times



Whether you're getting on a plane to visit extended family for Thanksgiving or Christmas or planning a New Year's Eve party at home, you may be preparing to gather with the people you love during the holiday season.

Although almost anyone would agree that COVID-19 vaccines and boosters coupled with the (typically) less-severe omicron variant makes this season safer than the previous two, the corresponding lack of clear public health guidance around precautions feels a little unsettling.

Should we be starting text threads or scheduling group chats to figure out the "rules of the game" this year? Can we just go back to the way we used to celebrate, or will that lead to another COVID-19 surge?

Seth Cohen, MD, an infectious-disease physician and the medical director of infection prevention and control at UW Medicine in Seattle, suggests a "cautiously optimistic" approach to the holidays.

"It is impossible to predict what will happen with COVID, but that does not mean we can't plan for safe gatherings with friends, family, and loved ones. Barring a new highly contagious variant, we are clearly in a different place now than we were for the last several holiday seasons," he says.

Unfortunately, although being in a "different place" is good, it doesn't mean you can turn the calendar back and party like it's 2018. And it's not just COVID-19 that you need to worry about: Cases of flu and RSV (respiratory syncytial virus) are already increasing and beginning to strain hospitals, says Purvi Parikh, MD, a clinical assistant professor at NYU Grossman School of Medicine and an immunologist



Dr. Parikh believes that people can celebrate the holidays safely, provided they use the available resources, such as vaccines, boosters, and COVID-19 tests, and take care not to be around others when experiencing any symptoms.

Here's what experts recommend when it comes to keeping you and yours safe in the coming months.

Get the New COVID-19 Booster Unless You Have a Medical Reason Not To

Everyone who is eligible should get the COVID-19 bivalent vaccine booster designed to target omicron, says Dr. Cohen.

Experts recommend waiting two months after the primary vaccine series or your last booster. If you recently had COVID-19, the Centers for Disease Control and Prevention (CDC) says you can consider waiting 90 days.

If you were recently infected, you likely have excellent immunity for the next month or two, though it is difficult to know with new omicron subvariants like BQ.1 and BQ.1.1, which are replacing the once-predominant BA.5, Dr. Cohen says.

"For people planning large get-togethers or big trips, it may make sense to get boosted as soon as a month or two after infection, i.e., before you have a significant exposure. For people planning on a quiet holiday season without much travel or large gatherings, it may make sense to wait 90 days after infection to get boosted," says Cohen.

Stay Home if You Have Symptoms of COVID-19, Flu, or RSV

The guidance is clear on this: If you have any symptoms or COVID-19, flu, or RSV — including runny nose, sore throat, cough, headache, or fever — you should stay at home until you're feeling much better, even if you test negative for COVID-19,

says Nandita Mani, MD, an infectious-disease specialist and hospitalist at UW Medicine.



"Viruses like flu and RSV can have serious consequences in small children, pregnant people, and older or otherwise vulnerable individuals," she says.

If you have any symptom of an upper respiratory illness, you should not be at a gathering, whether or not you test negative for COVID-19, says Sajal Tanna, MD, MPH, an infectious-disease doctor at Inova Health System in Falls Church, Virginia.

It's important to recognize that many common symptoms that may seem fairly innocuous might not be, says Dr. Tanna. "A lot of people I've seen who have had COVID-19 chalk up their symptoms to allergies or a cold, or say, 'Oh, I just have a headache because of my period.' It's very easy to explain things away, but I think everything should be considered COVID-19 until proven otherwise," she says.

Use Extra Caution in the Days Leading Up to Your Gathering

It's a good idea to have people take precautions the best they can in the week leading up to a group event, says Cohen. That includes minimizing contacts from people outside your household.

Before gathering, double-check that no one has symptoms or has had a known high-risk exposure, says Cohen.

Take a COVID-19 Test to Add Another Layer of Protection

Testing is a great tool in our COVID-19 safety toolbox, regardless of vaccination status, says Dr. Mani. Whether you're taking a PCR or a home antigen test, the key is to test as close to the event as possible, she says.

Antigen (rapid) home tests are less accurate than PCR tests, but they can provide results in minutes, per the CDC.

Home COVID-19 antigen tests are quick and convenient, but if you're asymptomatic or have an early-stage infection, they're less likely to be accurate than the PCR. If you have symptoms or you were recently exposed to COVID-19, you should interpret a negative test with caution, says the agency.

"Rapid tests should be done 48 hours prior to your gathering, the day of, and 48 hours after arrival and every two to three days thereafter. Do not travel if symptomatic; even if your rapid test is negative, often it will turn positive by day three to five," says Parikh.

Take Precautions if You Have to Fly or Use Public Transportation to Reach Your Gathering

Although it's no longer required, the CDC recommends that everyone age 2 and older wear a mask in indoor areas of public transportation; that includes buses, subways, trains, and airplanes.

"I mask when I travel, mostly because I'm always nervous about the potential of spreading COVID-19 to vulnerable family members," says Cohen.

According to Cohen, masking at the airport or when you are in line for the flight (when ventilation is not ideal and there are crowds of people nearby) is just as important as masking in-flight.

Outside Is Always Safer

"A good rule of thumb is that if the outdoors is an option, gather outside. I know that the ability to do this varies depending on where you live and how hot or cold it is," says Parikh.



COVID-19 spreads more easily indoors than outdoors, according to the CDC. Since people can't wear masks while eating and drinking, bringing the party outside reduces the risk of virus transmission.

Open a Window or Filter the Air to Reduce the Risk of Virus Transmission

If you choose to gather indoors, opening doors and windows (even just an inch or two) brings fresh air in and helps prevent virus particles from accumulating.

"Opening windows makes sense to me as a low-cost way to improve ventilation, if weather permits," Mani says.

As far as investing in a fancy air filter, there isn't much data to show that's significantly better than less high-tech options, she adds. "There are lots of great DIY suggestions for improving ventilation in rooms that otherwise don't have access to fresh air, which seem to work quite well."

One DIY option, a Corsi-Rosenthal box, uses a square box fan and 4 MERV-13 filters. Cocreated by the dean of the engineering school at the University of California in Davis and a past president of the National Air Filtration Association, this homemade air cleaning system can reduce indoor exposure to airborne particles that contain the virus that causes COVID-19.

If your home or apartment has a central heating, ventilation, and air-conditioning (HVAC) system, you can reduce virus transmission risk by setting the fan to the "on" position rather than "auto" when you have visitors; this will allow the fan to run continuously, even if the heat or AC is not on.

You should also use pleated filters, make sure they fit properly, and change them according to the manufacturer's recommendations.

<u>Take Precautions That Protect the Most Vulnerable People in</u> Your Group

"Staying up-to-date with vaccines (meaning the full primary series plus updated booster) is still the best way to protect people who are immunocompromised or at high risk for complications from infection. More importantly, this means surrounding people who are immunocompromised with others who are also fully vaccinated; we call this the 'immune cocoon,'" says Cohen.

Additionally, since people have different needs when it comes to COVID-19 prevention, it may be worth having an open dialogue about whether somebody at your gathering has specific concerns or wishes that you could help address, Cohen suggests. "Testing, asking others to minimize community contacts ahead of time, improving ventilation, and making sure people stay home if sick are all important complementary strategies to consider," he says.

Parikh agrees that you should tailor your behavior to minimize the risk for the most vulnerable member of the group. "It's like the saying, 'A chain is only as strong as the weakest link.' I would think everyone would want to take those precautions if it's a family member or friend. Logically, you wouldn't want that person to get sick," she says.

Take Steps to Avoid the Flu and RSV

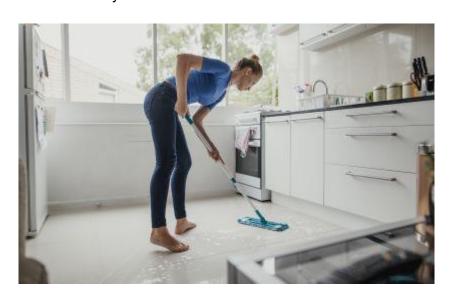
At this time of year and moving into the winter season, even people who are vaccinated against COVID-19 are susceptible to other germs such as those that cause the flu.

If you've been wondering how to time your flu shot this year, get it now if you haven't already, says Cohen.

And don't forget, good old-fashioned hand-washing can help prevent the spread of all kinds of germs, including RSV. Wash hands thoroughly (for at least 20 seconds) with soap and water when arriving at and leaving any social gathering, advises the CDC.

III. Christmas cleaning tasks: is your home ready for guests?

Get on Santa's good list with our christmas cleaning task countdown, plus jobs you'll need to do after the holiday festivities



As your home tends to see more guests over the festive period – especially if you are hosting Christmas dinner – the whole family feels the pressure to keep the house tidy. In an online study of 2,000 people, AO.com found that 89% of us admitted to spending more time cleaning during the Christmas period.

The research revealed that Brits spend an average of four and a half hours cleaning their homes for Christmas day, with just under half (47%) saying this was to prepare for guests. Over half (56%) stated that they could only relax at home once the house was clean, too.

However, many of us seem to be short on time to do what we deem to be a proper job, with 40% hiding mess rather than properly tidying and 24% of people said they used a fabric freshening spray instead of washing their clothes or textiles – nice...

So, are you someone who wants to spend less time cleaning and more time having fun this Christmas? Or do you leave everything until the guests are at the door and have perfected lobbing stuff into the cupboard under the stairs on the way to answer it? Either way, ticking these top cleaning tasks* off your list will get your home cleaner and tidier in no time.

Christmas cleaning jobs before guests arrive

1. Dust the surfaces

This is the top job featured in most people's pre-Christmas clean with 77% of us making sure we do it before the big day. To speed the job up, put the soft brush attachment on your vacuum cleaner to get rid of most of the dust. Then follow with a microfibre cloth or duster.

Don't forget furniture too which many of use spend extra time on at this time of year. And when you're vacuuming down the side of the armchair remember that 70% of Brits are probably busy doing the same.

2. Vacuum carpets

Three quarters of us make sure we do this ahead of Christmas and if your kids love opening their presents sitting on the floor, it is a must. See how to vacuum in our guide.



3. Mop the floors

After vacuuming, 67% of us then reach for the mop to give those hard floors a good clean. This is essential to get rid of bacteria and marks that your vacuum won't beat.

4. Clean bathrooms

Your guests definitely don't want to use a grubby loo or wash their hands in a dirty sink. Fortunately, 64% of us know this and make cleaning the bathroom of high importance. If you hate using strong chemicals, see our pick of the best eco-friendly cleaning products.

And, if you have guests staying overnight, make sure your showerhead gets a good scrubbing. We recommend using Astonish The Good One cleaning paste(opens in new tab) to make sure yours is free from limescale. The mint smell throughout adds to any festive fragrances like After Eight mint chocolates!

It goes without saying that bottomless offerings of Turkey, all the trimmings and several helpings of canapes, cheese, and dessert need to go somewhere, so when nature calls, make sure you clean the toilet often (using the best toilet cleaner) and that you know how to keep a clean lavatory brush.

5. Wash bed sheets

Good news for guests -52% of us realize the importance of freshly laundered or brand new bed sheets at this time of year. Don't forget to wash your own bed sheets, too.

6. Clean the fridge

Make room for the Christmas food shop and get rid of the chutney that has been lurking in the fridge since last Christmas. Over half of us (52%) make sure we clean the fridge in time for Christmas.

Though Dr Beckmann's fridge cleaner(opens in new tab) is a fairly budget and foodsafe solution to spray inside your refrigerator, cleaning with baking soda, or deodorizing with lemon is super frugal if you've gone OTT on gifting!

7. Clean windows

What is the point of filling your windows with fairy lights if they can barely be seen through the murky panes? At this time of year, 51% of us clean the windows and it should come as no surprise that it actually makes your interiors feel a little brighter too.

If you can't afford to have them professionally cleaned, these budget-friendly window cleaning solutions will have them looking good as new.

8. Clean the oven

Exactly half of us clean our ovens ready for Christmas dinner cooking. It can be an intimidating job if you have let food burn to the racks and base, so take the stress out of Christmas cleaning with our guides... we've even got separate tutorials on cleaning oven racks and making sure you can see your reflection through a clean glass oven door.

9. Tidy cupboards

While it wasn't clear from the study which cupboards 46% of us clean at Christmas, we would recommend making space in kitchen cupboards by clearing out old food. Also, give your wardrobes a clear if you can (homeless shelters are grateful for any winter clothing you might have) and tidy that cupboard under the stairs that is full of unpaired shoes and *Yellow Pages* from the nineties.

10. Recycle items

For many this is a weekly task, but apparently 41% of us make an extra effort at Christmas. Check your local authority site to see what can and can't be recycled, and remember to rinse tins and plastic food containers before putting them in the recycling bin.

11. Clean up any vomit

The holidays usually allow for more space for food and beverages, and while we're usually sensible with our alcohol consumption, there's always someone that takes their tipple tolerance to the edge... Hello, head to toilet seat.

Puke, vom whatever you want to call it - be prepared to clean up vomit. As you might know, spew doesn't smell great and can linger, so it's best to mask it with a good air freshener.

IV. Pre And Post Christmas Cleaning Tips

The Christmas holidays are about family gatherings, fun evenings, celebrations and good food. However, most people are always concerned about the cleanliness

aspect of their home pre and post-festive season. They hire professional cleaners who offer end of lease cleaning Canberra at the best prices.



Families prepare their homes for the festival. They clean the entire house from top to bottom according to the checklist. From walls to windows, curtains to cupboards, carpets to countertops, everything will be taken care of when preparing the house for the Christmas celebration.

However, the stress level increases when you are at the end of your lease. Moving out before Christmas Eve is good so you can celebrate the festival. You can hire professionals for quality end of lease cleaning Canberra, ACT.

If you feel overwhelmed with the seasonal task, here is a complete list of pre and post-Christmas cleaning tips to make your work easier:

Pre-Christmas Cleaning Tips

It is good to follow these tips and prepare your house for the festive season:



1. De-clutter Your rooms

It is good to purge unnecessary things from the common areas to make your house look spacious. This will also save your cleaning hours before as well as after the event.

De-clutter room at a time and categorise items into three different sections: keep, toss or donate.

2. Pay attention to your Living Room

This is the place where you enjoy Christmas Eve with your guests. Make sure you deep clean it using a proper checklist.

- Start by eliminating the accumulated dust and grime from fans, air ducts, walls, light fixtures, windows and blinds.
- It is good to vacuum your upholstery furniture like a sofa, carpets, rugs and floors two days before Christmas.
- Spot clean your walls
- Treat stubborn stains from carpets using white vinegar and water solution
- Clean windows inside and out
- Vacuum door tracks
- Make space for a tree
- Clean the dining table
- Decorate your living room.
- Clean wooden blinds

3. Clean Your Fridge, Oven and Microwave

Do not forget to de-grease your microwave and oven using white vinegar/lemon and warm water solution. You can also use baking soda to remove stains, oil splatters and grime from your oven and microwave.

Empty your fridge and toss unnecessary food items to make more space for the cake, beverages and other items for the party.

4. Clean Special Glassware and Cutlery

If you have special glassware and dishes for Christmas Eve, take them out so that you can remove stains and grime.

5. Bedroom Cleaning

It is good to change the sheets so that your rooms look clean and organised. Make sure you wash dirty linens in a washing machine. Change the pillow covers and other linens.



6. Bathroom cleaning

This is one of the important areas to clean before 25th December 2022. Make sure you scrub the bathroom walls, doors, and shower screen. It is important to clean the bathtub and remove mineral deposits from the toilet and rim. Clean and disinfect the sink and faucets. You can also follow the complete bathroom cleaning checklist by pros for sparkling results.

Post-Christmas Cleaning Tips

The Christmas holidays are always joyous when celebrating the festival with loved ones. However, the seasonal mood fades quickly when you see a messy home. So, here are some quick tips for post-Christmas cleaning:

1. Strip the Christmas Tree

Take your tree down carefully and save your headache for the next year. Wrap the lights and loop the cord of lights and secure it in a plastic bag.

Also, take down decorative items, like balloons, stars, and Christmas balls, from the tree and pack them.

2. Treat Carpet Stains ASAP

The longer stains stay, the more challenging it becomes to remove. So, blot the affected area using a damp cloth. You can spray white vinegar and warm solution and apply baking soda to remove stains.

3. Clean Your Appliances

Get rid of spills and splatters from your oven or microwave if you cooked something. Wipe the countertops, stovetop and dining table as well.

4. Clean the Dishes

Make sure you clean the dishes, glassware and other special cutlery, ornaments and other utensils using mild dishwashing liquid and warm water.



5. Wash Your Linens

Wash all ornaments and bed linens and put them away for other festive occasions. Dry clean certain things and keep them in safe storage.

6. Sweep and mop the Floor

It is important to clean your floor to remove dust and any loose debris. Sweep every nook and cranny before mopping the surface. Use water and mild dishwashing liquid to remove stains and grime.



These quick and easy pre- and post-Christmas cleaning tips will make your work much easier. Make sure you use safe and sound products and treat stains, grime and grease. If you are at the end of your tenancy, hire professionals for an affordable end of lease cleaning Canberra to get your bond back without any dispute or conflict.

They will come to your place and spruce up every nook and cranny to give you quality outcomes.

CONCLUSION

The holidays are all about opening your doors and welcoming friends and family. But along with hostess gifts, your guests may also bring sniffle-causing viruses and colds. To keep your family healthy throughout the season, follow this smart germfree game plan.

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