

24^{HR}DOC

HAIR LOSS OVERVIEW

Hair loss affects millions, with a significant impact on both men and women.



UNDERSTANDING HAIR LOSS

Hair loss can be due to:



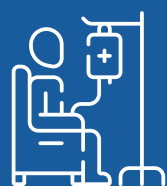
Hereditary
Factors



Stress



Nutritional
Deficiencies



Medical
Treatments

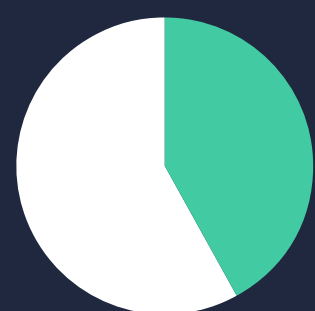


Medical
Treatments



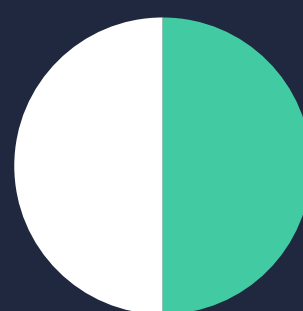
HEREDITARY HAIR LOSS

The most common cause of hair loss, affecting 42% of men aged 18 to 49 and over 50% of men in their forties.



42%

Men aged 18 to 49



50%

Men in their forties



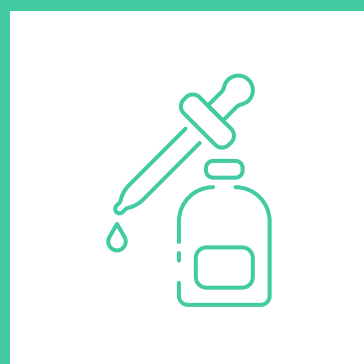
STRESS-INDUCED HAIR LOSS

Stress can trigger hair loss, leading to a condition known as telogen effluvium.



Treating Hair Loss

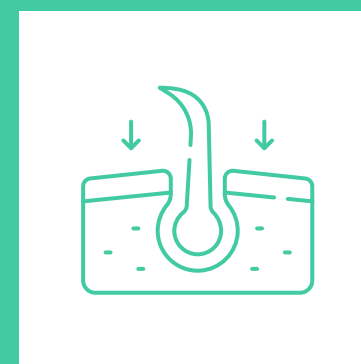
Effective treatments include:



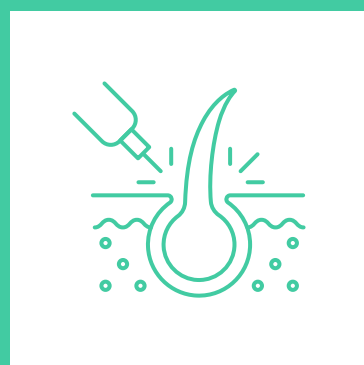
Minoxidil



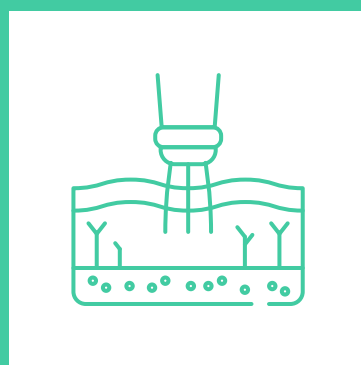
Finasteride



**Hair
Transplants**



**Laser
Therapy**

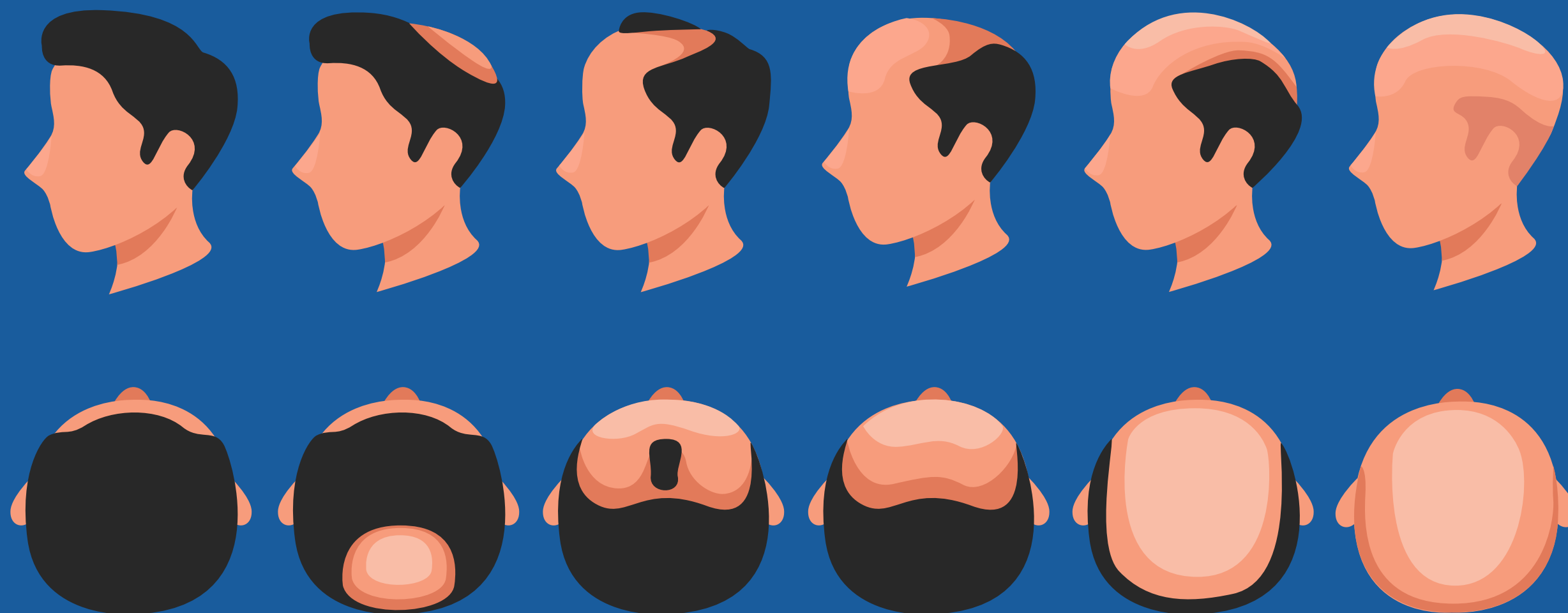


Microneedling



WHEN TO SEEK HELP

Consult a healthcare professional if you experience unusual hair loss patterns, rapid or early-age hair loss, or if it significantly impacts your emotional well-being.



CONCLUSION

Understanding the causes and treatment options is key to effectively managing hair loss.

